



North Sound BH-ASO
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North Sound BH-ASO Memorandum 2026-01

DATE: January 29, 2026

TO: North Sound BH-ASO Provider Network

FROM: Lindsay Lopes, Deputy Director

RE: Federal Poverty Threshold Update - Effective February 1, 2026

Dear North Sound Behavioral Health Administrative Services Organization (North Sound BH-ASO) Contracted Providers:

North Sound BH-ASO is issuing this memorandum to notify provider network partners of the following update that will take effect on **February 1, 2026**. Please review the information below and share as appropriate with relevant administrative, billing, and clinical staff within your organization.

Federal Poverty Threshold Update

1. **Adult Services:** Effective February 1, 2026, the Federal Poverty Level (FPL) eligibility threshold will be updated to **no longer include adults within the 220–400% FPL range**.
2. **Youth Services:** There are **no changes at this time** to Federal Poverty Level eligibility thresholds for youth.
3. **Reminder for Youth Providers:** Providers delivering services to youth within the **220–400% FPL range** must continue to adhere to the timelines and requirements outlined in **Policy 3046.00** ([click here](#)), as well as previously distributed memorandum [2022-03](#). This item serves as a reminder of existing requirements and does not introduce new policy.

Additional guidance documents, including the *Supplemental Provider Service Guide*, will be updated as applicable to reflect these changes.

If you have questions regarding this memorandum or need additional clarification, please contact North Sound BH-ASO contracts (NS_Contracts@nsbhaso.org).

Thank you for your continued partnership and commitment to serving individuals and families across the North Sound region.

Cc: North Sound BH-ASO Contracts; North Sound BH-ASO Staff